

2Bde Fitness Testing Dates - Nov 2021

Testing for Essential purposes ONLY - Overseas qualification, Selected for Course.

Location	Dates	Timings
McKee Barracks, Dublin	22 Nov - Part 1 & 2	1000 both dates
	23 Nov - Part 3	
Finner Camp, Donegal	17 Nov - Part 1 & 2	0900 both dates
	18 Nov - Part 3	
Custume Barracks, Athlone	29 Nov - Part 1 & 2	0900 both dates
	30 Nov - Part 3	
Aiken Bks, Dundalk	15 Nov – Part 1 & 2	0900 both dates
	16 Nov – Part 3	

For booking please email: Ciaran.finn@defenceforces.ie & Gary.mckenzie@defenceforces. ie to book.

All necessary health guidelines and safety precautions will be adhered to so please allow more time than usual to conduct testing. Personnel are required to have their issued face mask in possession.

It is requested to arrive for the testing changed and in PT gear.

Units should not that personnel unfit to perform test due to chronic or short term injury/illness should NOT be detailed to present on testing days

Personnel must be certified 'FIT' on PMS to undergo test, this can be done on the days prior to the test. Personnel NOT certified by Unit Admin Officer up to 30 min prior to test registration time will no be tested.

DF Internal Communications Team.







STRENGTHEN THE NATION